

It's not cool to ride without a helmet, you know me...

The good news? Brain injuries can be prevented. Protect your brain with a helmet, and live to ride another day.

More than 10,000 Alaskans live with a life-long disability resulting from brain injury. In fact, head injuries may not even cause symptoms today but later in life. If you have questions talk to your healthcare provider.

Learn more at
www.alaskabraininjury.net

The TRUST

The Alaska Mental Health
Trust Authority

www.mhtrust.org



alaska
brain injury
network

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