

***"In-home services keep me at home
with my family."***

you know me...



The Alaska Mental Health Trust Authority and the Aging and Disability Resource Centers are working together to connect seniors, people with disabilities and caregivers to long-term supports. Services, such as transportation, assistive technology and in-home care, are available statewide and help keep families like Lucy Beaver's together at home.

For information about in-home services or long-term care supports, call 1-877-625-2372.



[http://hss.state.ak.us/dsds/
grantservices/adrc.htm](http://hss.state.ak.us/dsds/grantservices/adrc.htm)

The **TRUST**

The Alaska Mental Health
Trust Authority

www.mhtrust.org

Lucy Beaver, 112-year-old Yupik Elder, matriarch and skin sewer with her granddaughter Carla LaPierre and great-granddaughters Yasmine and LiAva LaPierre.