

# Life Is A Team Effort!

2010 Iron Dog Champions Chris Olds and Tyler Huntington count on each other to stay safe. You are not alone. If you or someone you know needs help, call Careline or visit [www.carelinealaska.com](http://www.carelinealaska.com) for live online help.



The TRUST

The Alaska Mental Health  
Trust Authority

[www.mhtrust.org](http://www.mhtrust.org)

2010 Iron Dog Champions Chris Olds and Tyler Huntington