

Brain Injuries Are A Big Problem In Alaska. Let's CHANGE That!

you know me

My sport is risky but years of training, my protective helmet, and concussion "return to play" standards help keep me safe. Many activities such as snowmachining, riding ATVs, and playing basketball carry risks of brain injury. Even a simple slip while walking on ice can change your life.

Data shows rural areas in Alaska have the highest rates of traumatic brain injury. Prevention, diagnosis and treatment can all make a difference.

Attending Elders & Youth or AFN? Visit the Alaska Brain Injury Network booth to meet Olympic athlete Callan Chythlook-Sifsof and enter a drawing for a snowmachine helmet.



Callan Chythlook-Sifsof

United States Snowboard Team Member, Snowboardcross, Brain Injury Prevention & Alaska Brain Injury Network Advocate

