



**Now it makes sense.
Brain injuries were the reason
I've struggled in life.**

**YOU
KNOW
me...**

I never realized brain injuries have affected me since childhood. The first came from an accident when I was eight.

Brain injury is called the “hidden” disability. An estimated 10,000 Alaskans live with a brain injury. Sometimes the problem goes undiagnosed for years.

The good news? Diagnosis and treatment can make a difference.

Talk to your health care provider if you have questions about past head injuries that may be causing problems now.

For more information visit
www.alaskabraininjury.net



The **TRUST**

The Alaska Mental Health Trust Authority
www.mhtrust.org

Johnnie Kunaq Brower, Barrow, college student, retired from several careers.